

# Journal of Sports Medicine and Therapy

Volume - 3, Issue - 3

**Research Article**      **Published Date:-2018-08-17 00:00:00**

[The influence of physical activities on biological age parameters of females from 17 to 18 years old](#)

The effect of weekly physical activity on biological age (BA) parameters, we have conducted a study 215 females from 17 to 18 years old who were divided into the experimental (EG, n=105) and control (CG, n=110) groups. It was established that if at the end of the experiment the BA parameters of the females CG weren't a significantly different from the average data ( $p>0.05$ ), then there was a statistically significant decrease in the BA parameters of the females EG. This was confirmed by statistical probability ( $p<0.01$ ), which suggests the dependence of biological age parameters on the extent of weekly physical activity.

---

**Prospective**      **Published Date:-2018-07-17 00:00:00**

[The Courage to implement Samplings to evaluation efficiency Medical Clinics OECD](#)

We are able to test with statistic method Based Evidence Medicine the new Medicaments on common World Market or the new Medical Devices - Orthopaedic implants. Of course, with usage the same principles we could Tests similar ways the explicit efficiency, legalities and Technical Requirements Laws by Medical processing for implanting by standard Health care in Orthopaedic Clinics in network OECD.

---

**Letter to Editor**      **Published Date:-2018-07-03 00:00:00**

[The Exercise continuum and the role of Doctors](#)

Everyone can be placed somewhere on an exercise continuum with the idle at one end and the hyperactive at the other. At both extremes, health suffers. Exercise is essential to health and managing it is the responsibility of individuals but few know what they should do. Doctors seldom teach how to be healthy and act only when repair is needed.

---